

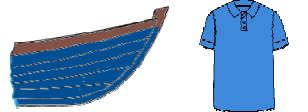


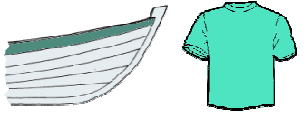

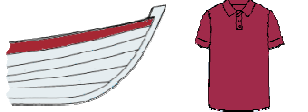
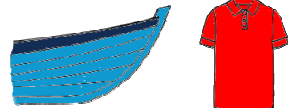


## The Teams

	Anstruther		Cockenzie/ Port Seton
	Coigach		Portobello
	Dunbar		Queensferry
	Newhaven		Royal West
	North Berwick		

## The Course

Boats will be racing today around Craigeleith. The start and finish lines are a transit that will be explained to the Coxwains at the briefing. The course is just over 2 miles and will take the crews anything from 18 minutes to 25 minutes depending on conditions (of the crew and the water!). There are hazardous rocks in the West bay, marked on the image here.



Want to try rowing, just for fun, or competitively? Visit [www.nbrowingclub.com](http://www.nbrowingclub.com) for times of club sessions.



## Regatta

27th August 2011

## Welcome

North Berwick Rowing Club was established in 2009, bringing traditional coastal rowing back to North Berwick

We are taking part in the Scottish Coastal Rowing Project, which involves first building boats in the community before using them to row

recreationally and in competition. All of the boats being raced today are of the St Ayles skiff class. Four rowers power the craft from fixed seats, with a coxswain steering and co-ordinating the crew.

**Scottish Coastal Rowing**  
<http://scottishcoastalrowing.org/>

## Race Schedule

Boats will line up on start from West to East in the order listed below

Time	Event	Teams	Sponsored By
09:30	Coxes Briefing - At harbour wall (next to Lobster Shack)		
10:30	Men 35+	Portobello Queensferry Newhaven Royal West Anstruther North Berwick Cockenzie / Port Seton	<b>Gilsland Caravan Park</b>
11:15	Women Open	Newhaven Queensferry Coigach Portobello North Berwick Cockenzie / Port Seton Portobello Anstruther	<b>Alice Stephenson</b> <b>Optometrist</b>
12:00	Men 50+	Queensferry Coigach North Berwick North Berwick Cockenzie / Port Seton Portobello	
12:45	Women 50+	North Berwick Portobello Dunbar Anstruther Cockenzie / Port Seton	<b>Tynninghame Coffee Shop</b>

Time	Event	Teams	Sponsored By
BREAK			
14:00	Men Open	Cockenzie/Port Seton Portobello Dunbar Anstruther Coigach Newhaven North Berwick North Berwick Portobello Queensferry Royal West	
14:45	Women 35+	Portobello North Berwick Anstruther Portobello Cockenzie/Port Seton Dunbar Newhaven Coigach Cockenzie/Port Seton	
15:30	Convenor's Cup	ELYC Musselburgh Newhaven Gosforth Dunbar	
16:15	Mixed Open	Cockenzie/Port Seton Portobello Dunbar Newhaven Portobello Queensferry Anstruther North Berwick Coigach Cockenzie/Port Seton	
18:00	Prize Giving	St Andrew / Blackadder. Church hall	

## Sunday Schedule

Time	Event
10:00	Leisurely cruise
11:30	Inaugural North Berwick Fishing Race / BBQ / Lunch